

# 6<sup>th</sup> Annual Youth Football Camp

Camp will be hosted and instructed by the varsity coaching staff & players of the Parkview Vikings



**Who:** Grades 2-7 (The campers will be divided into a grade school division and middle school division upon arrival)

**When:** Monday May 16 and Tuesday May 17

**Time:** 4:30pm—Check In, 5:00pm-7:00pm—Camp

**Where:** JFK Stadium at Parkview (in case of rain camp will be moved inside to the high school gyms)

**Cost:** \$15

**Equipment:** Each camper should bring football cleats, and wear shorts and a t-shirt.

**Purpose:** The purpose of this camp is to teach individual techniques and fundamentals of the game of football. Creating a positive winning attitude and emphasizing the team concept will also be a part of the camp experience. This camp will provide instruction in the proper techniques of blocking, tackling, throwing, catching, and kicking. *\*Each camper will receive a camp T-shirt. Walk-up registration is welcome but be sure to Pre-Register before **April 29th** to insure you get the proper shirt size.*

## Tentative Camp Schedule

4:30 – Check In

5:00 – Stretch/Warm up

5:10 – Word of the Day

5:20 – Divide into Age groups

5:25 – Football Fundamentals Circuit

- Blocking
- Throwing
- Kicking
- Tackling
- Catching

6:15 – Popsicle Break

6:30 – Ultimate Football

6:45 – Obstacle Course



## \$15.00 per camper.

Pre-register for camp by going to [www.parkviewvikingfootball.com/forms](http://www.parkviewvikingfootball.com/forms) and click on the sign up link or fill out and detach the form below.

Please mail your registration and payment to:

Anthony Hays, Head Football Coach  
Parkview High School  
516 W. Meadowmere St.  
Springfield, Mo 65807

(Please Print Clearly) \*\*\*Make Checks Payable to PHS Football

Name \_\_\_\_\_ Grade (Fall 2015) \_\_\_\_\_ School \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ T-shirt Size: \_\_\_\_\_ (youth and adult sizes are available)

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## Contact Us

### *Web Address*

*www.ParkviewVikingFootball.com*

### *Address*

*Viking Football  
Parkview High School  
516 West Meadowmere  
Springfield, Missouri 65807*

### *Phone/Fax*

*Phone Number: 417.523.9269*

*Fax Number: 417.523.9295*

### *Email*

*parkviewvikingfootball@gmail.com*

### *Twitter*

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